

April 2022

Family Medicine Newsletter

Awards

Gayle Halas (NPI), Sonia Udod, Lorraine Avery, Kristy Rebenchuk, Al Wiebe, Shuangbo Liu, Pernell Jones were awarded \$24,991.00 from the University Collaborative Research Program (UCRP) to conduct a 2-year research project entitled: “Par: Step-down transition process to support individuals who are homeless and discharged from inpatient cardiac care.”

Doctors Manitoba unveiled its 2022 award recipients, a group of extraordinary physicians focused on improving medical care and health outcomes for Manitobans. The Doctors Manitoba awards are the highest honour bestowed upon physicians in the province. Award recipients are nominated by their physician peers and selected after a thorough evaluation by the Awards Committee. This year's honourees include Joss Reimer, Dr. Marcia Anderson, Dr. Brian Postl, Dr. Dorothy Yu, Dr. Benson Yip, Dr. Barry Lavallee, Dr. Trina Mathison and Dr. Jai Shankar. To read the full press release from Doctors Manitoba, [click here.](#)

Upcoming events

MEME (*Making Evidence Matter for Everyone*) Conference in Vancouver, BC, with **limited in-person* and online registration**

Join us **May 27 & 28** for interactive and insightful topics that will focus on common and new therapeutic issues from an evidence-based perspective. Our **quick pearls** will be broad and practical making them **great for physicians, nurse practitioners, and pharmacists**. Download the brochure at www.hectalks.com/conference.

From the clinicians who brought you the *Best Science Medicine Course*; *BS Medicine Podcast*; the *MEDS Conference*; and *Tools for Practice*, the MEME Conference will

continue to bring you the **best evidence-based presentations** with our **highly entertaining presenters!**

Visit www.hectalks.com/conference to register – clinic group rates are available, please inquire at office@hectalks.com. **Register early for more chances to win back their registration fee** with our MEME contest!

We look forward to welcoming you in-person and online!

Drs. James McCormack; Jamie Falk; Mike Kolber; Tina Korownyk; Jessica Bryce; and Rita McCracken (Planning Committee) Ian Tang (Event Manager)

Online Courses

CPD Umanitoba's Fridays at the University are a Continuing Education tradition, but not every one can take the day off to attend the event. Fridays are now being recorded and replays are accessible until June 30th, 2022. Visit www.cpd-umanitoba.com to register for the recordings of Diagnostics Day, Hot Topics, and Ophthalmology Day, or to register for the upcoming Metabolic Day and Pediatrics Updates.

UBC is offering a two day virtual ethics education conference titled **Not Just Unintended Consequences: Justice in Health Care Ethics** on May 5-6. In this two-day ethics education event, rising voices and important truths will illuminate the shortcomings of a healthcare system that has attended most to those with privilege – whether due to intent, convenience, oversight or disinterest. This learning will challenge our systems of research, health care access, innovation processes, prioritization of funding and even our health care ethics lens. With the humility required to examine the social failures of healthcare, this conference will look for opportunities to build cultural safety and realign the work of the health care system to answer society's call to justice.

[Not Just Unintended Consequences: Justice in Health Care Ethics](#)

Publications

Shaker M S, Abrams E M, Oppenheimer J, Singer A, Shaker M, Fleck D, Greenhaw M, Grove E. Estimation of Health and Economic Benefits of a Small Automatic External Defibrillator for Rapid Treatment of Sudden Cardiac Arrest (SMART): A Cost-Effectiveness Analysis. *Front. Cardiovasc. Med.*, 24 February 2022

Harvey Max Chochinov, OC, PhD, MD, FRCPC1,2. The Platinum Rule: A New Standard for Person-Centered Care. *Journal of Palliative Medicine*. 2022. <https://liebertpub.com/doi/epdf/10.1089/jpm.2022.0075>

Newsletters

[Read March's Cancer Talk Newsletter](#)

[Parkland Family Medicine Residency Unit](#)



Online Courses

Driver Fitness is a new online learning module available on the Continuing Professional Development (CPD) Medicine Program's newly launched online learning platform. Register for Driver Fitness and complete the modules at your convenience. Learn about practitioner responsibilities, communication strategies, and rules regarding the assessment of patients' fitness to drive in this 2-hour learning module, co-developed with MPI. This learning module will be of interest to family physicians, specialist physicians, nurse practitioners, physician assistants, and psychologists. Click here to register for Driver Fitness.

<https://www.cpd-umanitoba.com/course/>

Publications

Garrison S R, Kolber M R, Allan G M, Bakal J, Green L, Singer A, Trueman D R, McAlister F A, Padwal R S, Hill M D, Manns B, McGrail K, O'Neill B, Greiver M, Froentjes L S, Manca D P, Mangin D, Wong S T, MacLean C, Kirkwood J EM, McCracken R, McCormack J, Norris C, Korownyk T. Bedtime versus morning use of antihypertensives for cardiovascular risk reduction (BedMed): protocol for a prospective, randomised, open-label, blinded end-point pragmatic trial. *BMJ Open* 2022;12:e059711. doi: 10.1136/bmjopen-2021-059711.

Korownyk C, Montgomery L, Young J, Moore S, Singer A, MacDougall P, Darling S, Ellis K, Myers J, Rochford C, Taillefer M-C, Allan GM, Perry D, Moe S, Ton J, Kolber MR, Kirkwood J, Thomas B, Garrison S, McCormack J, Falk J, Dugré N, Sept L, Turgeon RD, Paige A, Potter J, Nickonchuk T, Train A, Weresch J, Chan K, Lindblad AJ. *PEER Simplified*

Guideline: Management of Chronic Pain (Low Back Pain, Osteoarthritis and Neuropathic Pain) in Primary Care. Canadian Family Physician.

[Read more here](#)

Departures

Dr. Teresa Cavett retired from clinical practice at NCMC December 18th, 2021.

Danielle Peebles MSW has left NCMC having taken a management position at Women's Health Clinic.

